



May

Gulf Coast

Breakfast Preschool EHS - Vegetarian

			Breakfast Entree 1 Mini Blueberry Pancakes Fruit Mixed Fruit	Breakfast Entree 2 Mini Bagels w/ Strawberry Cream Cheese Fruit Applesauce
Breakfast Entree 5 Trix Cereal Fruit Pears	Breakfast Entree 6 Chicken Sausage & Cheese Stuffed Maple Waffle Maple Belgian Waffle Fruit Diced Peaches	Breakfast Entree 7 Biscuit & Jelly Fruit Banana	Breakfast Entree 8 Cinnamon Toast Crunch Mini French Toast Fruit Mixed Fruit	Breakfast Entree 9 Apple Cinnamon Muffin Fruit Applesauce
Breakfast Entree 12 Rice Chex Cereal Fruit Pears	Breakfast Entree 13 Mini Confetti Pancakes Fruit Diced Peaches	Breakfast Entree 14 Maple Belgian Waffle Fruit Banana	Breakfast Entree 15 Honey Chicken Biscuit Honey Veggie Nugget Biscuit Fruit Mixed Fruit	Breakfast Entree 16 Honey Cheerios Fruit Applesauce
Breakfast Entree 19 Trix Cereal Fruit Pears	Breakfast Entree 20 Maple Waffles Fruit Diced Peaches	Breakfast Entree 21 Apple Cinnamon Texas Toast Fruit Banana	22	23
26	27	28	29	30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



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Lunch Preschool EHS - Vegetarian

			Lunch Entree Chicken Parmesan Penne Pasta Parmesan Penne Pasta Fruit Pears	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Cucumber Slices Fruit Diced Peaches
Lunch Entree Breaded Chicken Sandwich Plant-Based Breaded Patty Sandwich Vegetables Dill Pickle Chips Fruit Applesauce	Lunch Entree Beef & Cheese Quesadilla Cheese Quesadilla Vegetables Pinto Beans Fruit Mixed Fruit	Lunch Entree Chicken Tenders & Ketchup Veggie Nuggets Vegetables Creamed Corn Fruit Blueberries	Lunch Entree Cheeseburger Mac Veggie Nuggets + Mac & Cheese Vegetables Creamed Corn Fruit Pears	Lunch Entree NEW!! Supreme Pizza Deep Dish Cheese Pizza Vegetables Diced Carrots Fruit Diced Peaches
Lunch Entree Cheeseburger Black Bean Burger + Cheese Vegetables Broccoli Fruit Applesauce	Lunch Entree Chicken Fajita Walking Taco Cheese Walking Taco Vegetables Pinto Beans Fruit Mixed Fruit	Lunch Entree Rotini & Meatsauce Rotini with Spaghetti Sauce and Mozzarella Cheese Fruit Blueberries	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Veggie Nuggets Bowl Fruit Pears	Lunch Entree Pizza Crunchers Vegetables Broccoli Fruit Diced Peaches
Lunch Entree Beef Brisket Sandwich Grilled Cheese Vegetables Creamed Corn Fruit Applesauce	Lunch Entree Crispy Orange Chicken with Rice Orange Veggie Nuggets with Rice Vegetables Green Beans Fruit Mixed Fruit	Lunch Entree Chicken Alfredo Penne Pasta Alfredo Vegetables Diced Carrots Fruit Blueberries		



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Lunch Entree Beef Brisket Sandwich Grilled Cheese Vegetables Creamed Corn Fruit Applesauce	Lunch Entree Crispy Orange Chicken with Rice Orange Veggie Nuggets with Rice Vegetables Green Beans Fruit Mixed Fruit	Lunch Entree Chicken Alfredo Penne Pasta Alfredo Vegetables Diced Carrots Fruit Blueberries	Lunch Entree Cheese & Green Chile Tamale Vegetables Creamed Corn Fruit Pears	Lunch Entree Mini Beef Pepperoni Calzones Deep Dish Cheese Pizza Vegetables Broccoli Fruit Diced Peaches



May

Gulf Coast Snack Preschool

			Fruit Apple Juice Grains Goldfish Pretzels	1 Fruit Applesauce Grains Cheez-It Crackers
Fruit Red Apple Slices Grains Scooby-Doo!™ Graham Cracker Sticks	5 Breakfast Entree Animal Crackers Fruit Apple Juice	6 Fruit Orange Grains Cheddar Goldfish	7 Fruit Apple Juice Grains Giant Vanilla Goldfish	8 Grains Birthday Cake Graham Crackers Misc. String Cheese
Fruit Applesauce Grains Cheddar Chex Mix	12 Fruit Apple Juice Grains Scooby-Doo!™ Graham Cracker Sticks	13 Grains Keebler Cinnamon Bug Graham Bites Misc. String Cheese	14 Fruit Apple Juice Grains Honey Maid Little Squares	15 Grains Heart Shaped Pretzels Condiments Wowbutter
Breakfast Entree Animal Crackers Fruit Apple Crisps	19 Fruit Apple Juice Grains Strawberry Yogurt Snack Mix	20 Fruit Orange Grains Smart Crackers	21 	22
26 	27 	28 	29 	30

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