



April

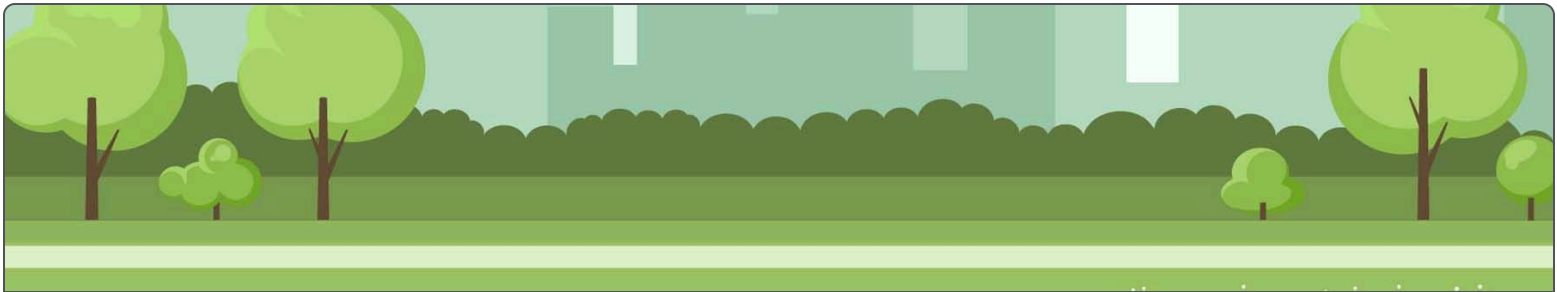
Gulf Coast

Breakfast Preschool EHS - Vegetarian

	Breakfast Entree Cinnamon Toast Crunch Fruit Diced Peaches	1	Breakfast Entree Mini Maple Pancakes Fruit Banana	2	Breakfast Entree Blueberry Belgian Waffle Fruit Mixed Fruit	3	Breakfast Entree Whole Grain Strawberry Break Bar Fruit Applesauce	4	
Breakfast Entree Cinnamon Toast Crunch Fruit Diced Pears	7	Breakfast Entree Chicken Sausage & Cheese Stuffed Maple Waffle Maple Belgian Waffle Fruit Diced Peaches	8	Breakfast Entree Mini Cinnamon Waffles Fruit Banana	9	Breakfast Entree Mini Blueberry Pancakes Fruit Mixed Fruit	10	Breakfast Entree Cinnamon Cream Cheese Mini Bagels Fruit Applesauce	11
Breakfast Entree Cocoa Puffs Cereal Fruit Pears	14	Breakfast Entree Apple Cinnamon Muffin Fruit Diced Peaches	15	Breakfast Entree Egg & Cheese Hashbrown Fruit Banana	16	Breakfast Entree Honey Chicken Biscuit Biscuit & Honey Fruit Mixed Fruit	17		18
	21	Breakfast Entree Honey Cheerios Fruit Diced Peaches	22	Breakfast Entree Mini Confetti Pancakes Fruit Banana	23	Breakfast Entree NEW! Egg, Cheese, & Turkey Sausage Breakfast Scrambler Biscuit & Jelly Fruit Clementine	24	Breakfast Entree Rice Chex Cereal Fruit Applesauce	25
Breakfast Entree Cinnamon Toast Crunch Fruit Diced Pears	28	Breakfast Entree Mini Maple Pancakes Fruit Diced Peaches	29	Breakfast Entree Breakfast Turkey Sausage Pizza Breakfast Cheese Pizza Fruit Clementine	30				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



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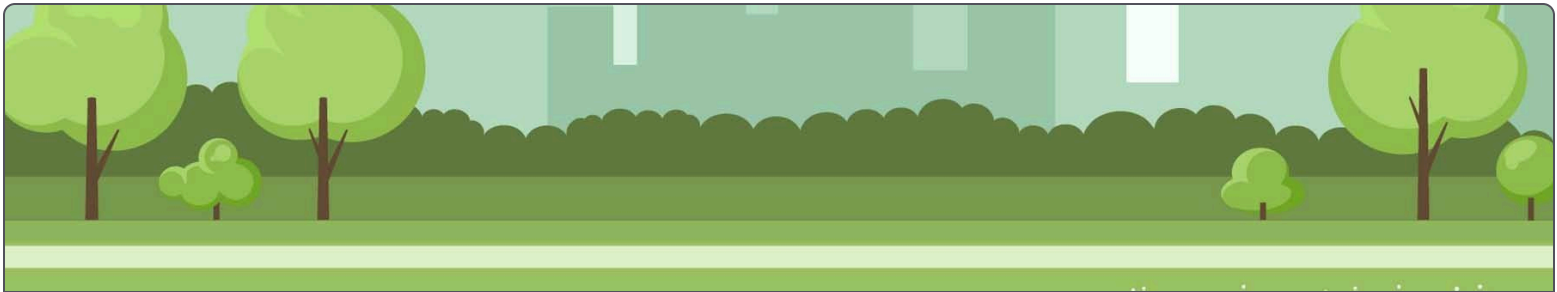
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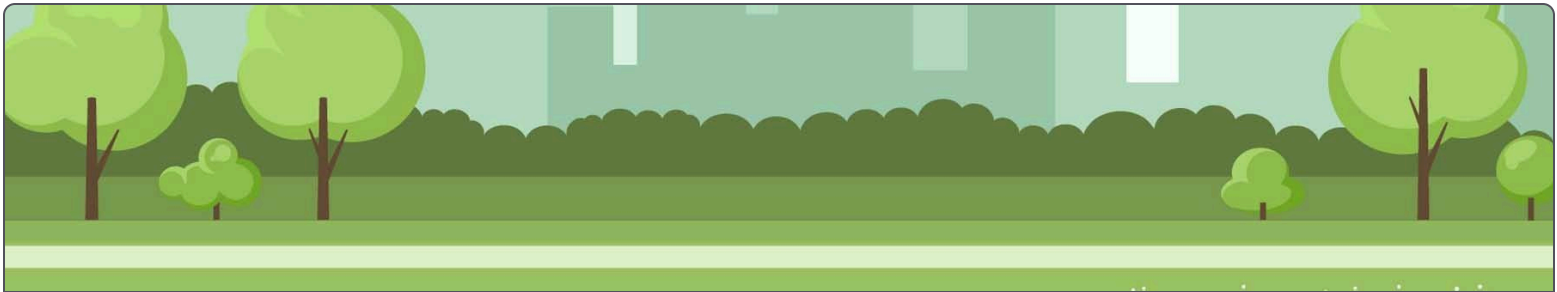
Gulf Coast

Lunch Preschool EHS - Vegetarian

	Lunch Entree Chicken Fajita Walking Taco Vegetables Pinto Beans Fruit Mixed Fruit	1	Lunch Entree Chicken Parmesan Penne Pasta Fruit Blueberries	2	Lunch Entree NEW!! Loaded Fries with Ground Beef & Queso Fruit Pears	3	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Diced Peaches	4	
Lunch Entree Cheeseburger Vegetables Wedge Cut Fries Fruit Applesauce	7	Lunch Entree Chicken Tenders & Ketchup Vegetables Onion Rings Fruit Mixed Fruit	8	Lunch Entree Chicken Alfredo Vegetables Diced Carrots Fruit Blueberries	9	Lunch Entree Crispy Beef Taco Beef Taco Vegetables Pinto Beans Fruit Pears	10	Lunch Entree Mini Beef Pepperoni Calzones Vegetables Diced Carrots Fruit Diced Peaches	11
Lunch Entree Breaded Whole Muscle Chicken Sandwich Vegetables Twister Fries Fruit Applesauce	14	Lunch Entree Grilled Cheese Vegetables Baked Beans Fruit Mixed Fruit	15	Lunch Entree Crispy Orange Chicken with Rice Vegetables Broccoli Fruit Blueberries	16	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Pears	17		18
	21	Lunch Entree BBQ Chicken Slider Vegetables Green Beans Fruit Mixed Fruit	22	Lunch Entree Cheeseburger Mac Fruit Blueberries	23	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Pears	24	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Diced Peaches	25
Lunch Entree Breaded Whole Muscle Chicken Sandwich Vegetables Corn Fruit Applesauce	28	Lunch Entree Grilled Cheese Vegetables Broccoli Fruit Mixed Fruit	29	Lunch Entree Breakfast for Lunch: Scrambled Eggs & Biscuit Vegetables Tater Tots Fruit Blueberries	30				

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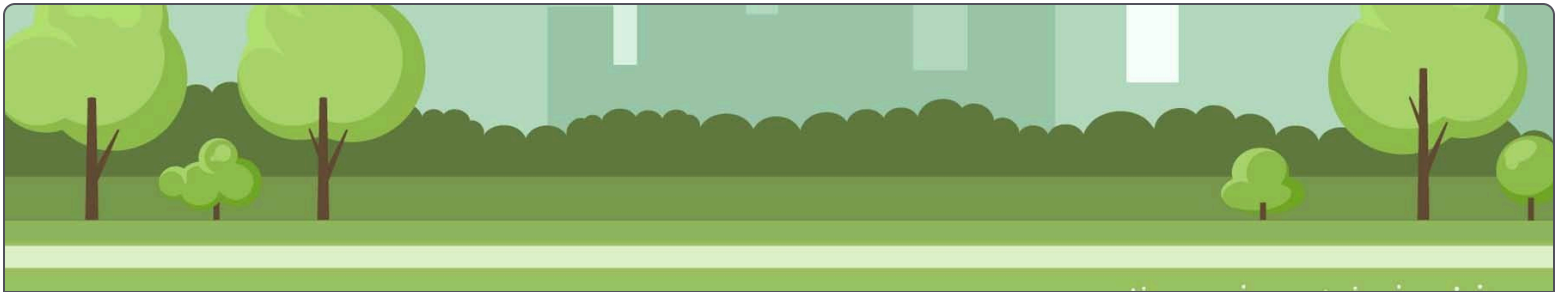
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Gulf Coast Snack Preschool

	1 Fruit Apple Juice Grains Goldfish Pretzels	2 Fruit Applesauce Grains Cheez-It Crackers	3 Breakfast Entree Honey Graham Crackers Fruit Red Apple Slices	4 Breakfast Entree Animal Crackers Fruit Apple Juice
7 Fruit Orange Grains Cheddar Goldfish	8 Fruit Apple Juice Grains Giant Vanilla Goldfish	9 Grains Birthday Cake Graham Crackers Misc. String Cheese	10 Fruit Applesauce Grains Cheddar Chex Mix	11
14 Grains Keebler Cinnamon Bug Graham Bites Misc. String Cheese	15 Fruit Apple Juice Grains Honey Maid Little Squares	16 Grains Heart Shaped Pretzels Condiments Wowbutter	17 Breakfast Entree Animal Crackers Fruit Apple Crisps	18 Fruit Apple Juice Grains Strawberry Yogurt Snack Mix
21	22 Fruit Apple Juice Grains Goldfish Pretzels	23 Fruit Applesauce Grains Cheez-It Crackers	24 Breakfast Entree Honey Graham Crackers Fruit Red Apple Slices	25 Breakfast Entree Animal Crackers Fruit Apple Juice
28 Fruit Orange Grains Cheddar Goldfish	29 Fruit Apple Juice Grains Giant Vanilla Goldfish	30 Grains Birthday Cake Graham Crackers Misc. String Cheese		

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