



July 2021

PROBLEM SOLVING

Family Newsletter - THE IMPORTANCE OF PROBLEM SOLVING SKILLS

Oftentimes as adults we jump in too early when kids are trying to solve problems. We are teaching them to give up and that “We’ll do it for you.” Break the cycle and teach your kids good problem solving skills.



PRAISE EFFORT

Your child needs to know it is okay to try and solve problems and improve. So when they are struggling be sure to praise their efforts.

TALK THROUGH PROBLEM SOLVING

The best way to teach your child about problem solving is to model good behaviors. So talk about the steps you take to solve problems with your child.

LET THEM MAKE CHOICES

An important part of problem solving is letting children make their own choices. Even if their solution isn’t exactly like you might have solved a problem, letting a child make the choice is more important.



infant inspiration

You might think your infant is too young to learn problem solving.

But that’s not true. This is the time to model good behaviors, and talk through problem solving techniques with your infant, even if they don’t understand just yet.

Also as your infant is learning new things, be sure to encourage their efforts while trying.



toddler tales

Toddlers are learning how to problem solve all the time. Because they are constantly creating “problems.”

It’s best not to overreact to them, and use it as a time to ask them nicely how they plan to fix it.

Give them the freedom to solve their own problems and you’ll be amazed at what they come up with.



preschool power

As preschoolers get bigger and smarter, they are capable of solving more problems. Here are two ways to show them how. Be a good example by describing how you solve simple problems like “I can’t find my shoes.” Describe the order in which things need to happen so they can learn. Like: “First we’ll start the water, then we’ll put your toys in, and then you’ll take a bath.”