



April 2021  
Family Newsletter

## Temperaments and Personalities

According to the Child Development Institute, it's important for parents to learn how their child responds to various situations. Because they can learn to anticipate situations that might present challenges for their child. With this knowledge parents can help prepare the child for the situation or decide to avoid a potentially difficult situation altogether.

Being sensitive and responsive to your child's individual strengths and needs encourages healthy personality development.



**Here are some things you can do to gently influence a child's budding personality.**

**Encourage playtime.** It helps kids develop physically, mentally, and emotionally. It teaches them to work in groups, settle conflicts, develop their imagination, and try on different roles.

**Be a role model.** Children learn a lot from watching how adults react to various situations. Set an example by modeling traits like being polite and sharing.

**Show support.** Support your preschooler's interests and broaden their experiences.

**Give your child simple choices.** For example, ask if they want to wear a blue coat or a red one. Make sure you have your child's attention before giving instructions.



### infant inspiration

**Tickle Me!** Tickling is one way parents can get close to their children. While tickling looks like a fun activity, remember that the laughing that follows is involuntary. This involuntary reaction triggers adults to keep tickling. Watch for signs that your infant is done. Because it is easy to overdo it.



### toddler tales

**Silly Songs!** Are you looking for some new songs to teach your toddler that will keep you both laughing?

Try the Wee Sing Silly Songs collection! These collections are theme-oriented to appeal to your toddler's interests.



### preschool power

**Knock Knock Jokes!** Preschoolers love "Knock, Knock" jokes because they follow a predictable pattern they can easily replicate with any words they like. In fact, adults are sometimes humored by the fact the words don't even make sense.